

WEEKLY LENTEN RESOLUTIONS

(FOR THOSE WHO HAVEN'T
STARTED YET)

MO

PRAY

OFFER THIS WEEK AS
A SACRIFICE TO THE
LORD

TU

GIVE

BE GENEROUS WITH
THE GIFTS THAT GOD
HAS GIVEN YOU

WE

THANK

THANK THOSE WHO
SHOW YOU THE
GOODNESS OF GOD

TH

SERVE

THINK OF OTHER
PEOPLE'S NEEDS

FR

FAST

FROM EVERYTHING
THAT KEEPS YOU
AWAY FROM GOD

SA

BE QUIET

BE SILENT, KEEP
YOUR INTERIOR AND
EXTERIOR QUIET

SU

REFLECT

THINK OF THIS PAST
WEEK AND HOW YOU
CAN IMPROVE

"WHATEVER YOU EAT, THEN,
OR DRINK, AND WHATEVER
ELSE YOU DO, DO IT ALL FOR
THE GLORY OF GOD."

1 CORINTHIANS 10:31



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